



2008 South Coast Fencing Center
Sabre Training Camp
August 11 to August 15, 2008
Monday to Friday (5 days)
9:00AM to 4:30PM

Training Camp Program

The emphasis will be on technical footwork/handwork drills and tactics. There will also be a good deal of structured bouts, video analysis, specific and general conditioning, etc. This high intensity camp will provide an excellent opportunity for fencers to improve their competitive skills.

Camp Coaches

Nick Dinu, South Coast Fencing Center

Nick is a former member of the Romanian National Team. He was Coach of the Romanian Olympic Junior Team. Read more about Nick on our website: <http://www.southcoastfencing.com/staff.html>.

Alex Jeffrey, Beaches Sabre Club (New York)

Alex was on the Canadian National Saber Team and he was Head Coach of the Canadian Women's Saber Team. Find more info on Beaches Sabre Club here: <http://www.beachesny.net>

Carolyn Washburn, Beaches Sabre Club (New York)

Carolyn was a founding member of the Canadian Women's Sabre Team, a Commonwealth bronze medalist, and is co-coach at Beaches Sabre Club-NY. She has over seventeen years of competitive and coaching fencing experience.

Registration

A maximum of 20 fencers will be accepted for this sabre camp. The organizers reserve the right to exclude registration requests based on availability and experience.

Complete the attached Registration Form and mail it with your check or money order to the address on the registration form. We must receive your registration and payment no later than **July 31, 2008**. However, registration will close once the camp has reached capacity.

Confirmations of registration will be sent out via email to accepted fencers only. All others will receive their registration form and payments back by regular mail.

Fees

Sabre Camp (private sessions extra) - \$450

Individual Private Lessons (20 minutes) - \$25

Accommodations

If you need a place to stay, please make that clear on your registration form. Several SCFC fencing families have offered to host out-of-town guests and we pair the fencer up with a host family. There are also a number of hotels within walking distance of the center.

No meals or snacks will be provided. Several restaurants are within close walking distance, including Quizno's, sushi/Japanese, a sandwich shop and fast food eateries.

Beverages are available at a nominal price. There is a drinking fountain on site.

Venue

South Coast Fencing Center, 3518 Lake Center Drive, Santa Ana, CA 92704

Liability

All fencers must sign liability waivers prior to engaging in camp activities. If the fencer is under the age of 18, a parent or legal guardian must sign the waiver for the fencer. If a parent or legal guardian will not be present at the start of the camp, arrangements can be made to provide them with a waiver in advance to be filled out and submitted by the fencer.

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Registration Information (Please Type or PRINT Clearly)

Name	Home Telephone
Street Address	Alternate telephone
City	Email Address
State and Zip Code	Birth Date

Registrations Fees

		Number	Price	Total
Sabre Camp	5 days (private lessons extra)		\$450	
Private Lessons	(Booked each day)		\$25	
Host Family	Request to stay with an SCFC host family during camp		FREE	
TOTAL FEES				

How to Fill in This Section:

1. If there is only one person coming, enter the "Price" in the "Total Amount" column. If there is more than one person coming, enter the number of people in the "Number" column and multiply it by the "Price" to come up with the "Total Amount".
2. If you want to pre-book private lessons, follow the same process. Keep in mind that pre-booked private lessons will have the priority to select time slots at the beginning of the camp.
3. Don't forget to fill in the number of billets you need. Enter a zero (0) if not required.
4. Total all of your fees and write your check or money order for that amount. Make your check or money order payable to *South Coast Fencing Center*.
5. Return this completed form with your payment to *South Coast Fencing Center, 3518 Lake Center Drive, Suite C, Santa Ana, CA 92704*

Registration Deadline: July 31, 2008
Late registrations will only be accepted based on availability and at double fees.